



Social Emotional Resources for Elementary Students & Families

[The Imagine Neighborhood](#)

A podcast for families designed to help children and grown-ups practice their social-emotional skills.

[Mind Yeti](#)

A fun, kid-friendly way to practice mindfulness and meditation.

[Sesame Street in Communities](#)

A great resource for parents and kids on how to cope with the uncertainty of Health Emergencies. This site has a plethora of videos, articles and activities to aid families in Social Emotional Learning.

[Kindness and Empathy Book List](#)

Check out these great children's books on Empathy and Kindness. Try YouTube for online read alouds.

[Social Emotional Passport](#)

A fun way for kids to put their Social Emotional skills that they have already learned into action.

